



In 2003, the [Federal Emergency Management Agency \(FEMA\)](#) – formerly an independent agency – became part of the new Department of Homeland Security.

When national or natural disasters occur, FEMA is the first federal agency to respond. FEMA is tasked with responding to, planning for, recovering from, and mitigating against disasters.

The 7th Congressional District is located within [FEMA Region V](#), which serves Illinois, Indiana, Michigan, Minnesota, Ohio, and Wisconsin.

I hope the following resources provide you with helpful information. If I can provide you with any further assistance, please don't hesitate to [contact](#) my office.

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Preparedness

[FEMA In-depth Guide to Citizen Preparedness](#)

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[CDC Emergency Preparedness and Response](#)

[Family Disaster Supply Kit](#)

[FireSafety.Gov](#)

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Weather and Weather Safety

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Disaster Assistance

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Coping

[Helping Children Cope with Disaster](#)

[NIMH Information about Coping with Traumatic Events](#)

[Tips for Talking about Disasters SAMHSA](#)